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Showcase Your Business With BNH

Kia ora tatou,

BNH is consistently encouraging people to shop locally and to utilise locally available services. We also offer members a number of different opportunities to showcase your businesses, so please take advantage of some or all of the opportunities below:

- Although entries are now closed, the second edition of the [Purple Ink Business North Harbour Business Excellence Awards](#) has given entrants and awards Partners the ability to showcase their business and share their successes, with all the finalists being celebrated at the Gala Dinner on 15th November.
- Add your business to the [Business Directory](#) on the BNH website. This is an opportunity to showcase your business and attract more customers and it's completely free to BNH members and associate members.
- Our annual [ONE DAY SALE](#) is coming up on Saturday 7th December, so if you're a wholesaler, retailer or distributor register your business to be part of this shopping extravaganza. (Fees apply)
- Add a post sharing information about your services and any offers you may have to our [BUY NORTH HARBOUR](#) Facebook page, again free of charge.
- Add an offer to our [Member Offers](#) page on the BNH website at no cost.

For more information on how to showcase your business and to find out how to make the most of these opportunities contact our Office Manager Kate Thorpe admin@businessnh.org.nz

Ngā mihi mahana,

Kevin O'Leary

General Manager, Business North Harbour

Upcoming Workshops & Events



BUSINESS LUNCHEON: Beyond the Stigma: Alcohol & Mental Health in the Workplace
26th September 2024, 12.00-2.30pm
National Hockey Centre

Mental Health Awareness Week 2024: Beyond the Stigma: Alcohol & Mental Health in the Workplace

Alcohol-related harm costs New Zealand an estimated \$4 billion in lost productivity, including workplace absenteeism, contributing to a total estimated cost of \$9.1 billion*. Join us for a ground-breaking event aimed at dismantling the stigma surrounding alcohol use and identifying the significant link between alcohol use and mental health.

Renowned New Zealand journalist **Patrick Gower**, celebrated for his powerful documentary series including "Patrick Gower on Booze (TV THREE)," will share his personal journey of quitting alcohol, insights from filming his documentary, and will serve as the MC for this event.

Learn from **Janet Thompson**, Founder and CEO of The Retreat New Zealand, about implementing a Recovery Friendly Workplace Programme (RFP) that effectively supports those facing mental health and alcohol-related challenges. Discover why a well-structured RFP is crucial in our society today and how it can boost productivity, reduce absenteeism, enhance morale, and promote safety in your workplace.

Joining Patrick Gower on stage will be **Liam Scopes**, Senior Manager of Strategic Wellbeing at **Air New Zealand**. With nearly 20 years of experience in corporate health and wellbeing, Liam has played a pivotal role in shaping the mental health and wellbeing strategies at Air New Zealand, helping the company become a leader in workplace wellbeing.

About Liam:

Over the past eight years, Liam has spearheaded initiatives at Air New Zealand, including the development of a Mental Health and Wellbeing strategy and the creation of a Peer Support network of trained volunteers. His work ensures employees have trusted contacts for support, and he has collaborated with leaders across the company to promote health and wellbeing leadership. In 2021, Air New Zealand won the Supreme Award at the inaugural HeadFit Awards for "Leadership, Excellence, and Positive Impact Relating to Mental Health in the Workplace." More recently, Liam has focused on reducing psychosocial risks, working toward making Air New Zealand one of the world's most mentally healthy workplaces.

Join us for this important conversation that will empower you to drive positive change within your organisation.

Don't miss this opportunity to gain valuable knowledge and tools to foster a healthier workplace environment and break the stigma surrounding alcohol use, and be part of the change towards a more supportive and understanding workplace culture.

Click the button below to register | Limited seats available

**NZIER Report Published: 18th June 2024*

[Register here](#)



LEARNING LAB: Supporting Your Sustainability Journey
3rd October 2024, 12.00-2.00pm
Business North Harbour

LEARNING LAB SERIES 2: Supporting your Sustainability Journey!

Join us for an insightful Learning Lab designed to empower your organisation on its path to sustainability. This session features expert speakers **Vincent Heeringa from the Sustainable Business Network** and **Felicity Johnson, Senior Waste Planning Advisor at Auckland Council**, who will share practical strategies, resources, and success stories to help you navigate the complexities of sustainable business practices. Whether you're just beginning your journey or looking to enhance your existing efforts, this event will provide valuable insights and connections to drive meaningful change in your organisation.

Our Speakers:

Vincent Heeringa is the host of the podcast 'This Climate Business', is an advisor to the Climate VC fund and works with numerous brands to tell their sustainability story. He is a Director of Better

Aotearoa, an impact agency specialising in communications and is also the Network Lead at Sustainable Business Network.

Felicity Johnson is a Senior Waste Planning Advisor at Auckland Council. Specialising in construction and demolition waste, her 20 years' experience in project and facilities management has given her a strong focus on improving waste outcomes for the construction industry. Felicity is currently spearheading a range of projects including Local Board funded projects that are directly engaging contractors with compliance, monitoring and action on illegal dumping as well as education. Her initiatives reduce waste, enhance the reuse and recovery of building materials, and promote sustainable practices within the construction industry.

A light lunch will be served, please get in touch if you have any dietary requirements.

[Register here](#)



FREE HEALTH CHECK: BNH Warrant of Fitness Day 2024!
18th October 2024, 10.00-4.00pm
National Hockey Centre

Introducing the BUSINESS NORTH HARBOUR Wellbeing WOF Day: Free Health Checks for our Members!

While we dutifully take our precious cars to expert mechanics for warrant of fitness checks, we often neglect the most valuable machine of all—our own bodies. But fear not! We've joined forces with a team of passionate health care professionals who are ready to alter your health journey with an incredible FREE Health Check day, designed exclusively for you our members of the Business North Harbour community and your team!

You can opt to have as many or as few of the health checks as you like:

Free Health Checks* Available Include:

- Blood Pressure
- Hearing Screening
- BMI
- Breast Cancer
- Bowel Cancer Screening
- Dental Checks
- Mental and Wellbeing Advice
- Vaccinations**
- Plunket: Child Health

Health Providers Include: **National Bowel Screening Programme-Waitemata, DBS Dental Studio, Ember, Plunket, Triton Hearing, Habit Health, Asian Health Services Te Whatu Ora, Well Women, Age Concern, Breast Screen, Plunket, Heart Foundation and more!**

** Please remember if you have any concerns about your health, please contact your healthcare provider ** Some services may incur a charge as per standard Ministry of Health eligibility and funding*

[Register here](#)



Business North Harbour Annual General Meeting (AGM) 2024
24th October 2024, 4.30pm
Business North Harbour Office

The 2024 Business North Harbour Annual General Meeting will take place on Thursday 24th October at the offices of Business North Harbour commencing at 4:30pm.

AGM 2023 documents will be loaded by 3rd October 2024.

Please RSVP via email to **Kevin O'Leary** (General Manager) at: kevin@businessnh.org.nz or via our online [form](#).

The Ember Employment Talent Showcase Would Like To Introduce Angela!



Ember Employment have hundreds of jobseekers on their books ready to step into roles. Today, we'd like to introduce you to Angela, who is looking for work in cleaning. Angela has held a variety of cleaning and kitchen hand positions. As a local, she would prefer a role in the BNH region.

If you want to learn more about Angela or any of the other jobseekers on our books contact Janey today at: janey.housego@ember.org.nz

We are a Platinum Partner of BNH and are appealing to you, our fellow members to support this initiative.

Ember Employment has a diverse range of talent ready to step into roles today. From construction site supervisors to retail sales assistants or checkout operators, we have the people you need. Our employment consultants support people to find the right job at the right time with the right organisation.

Ember is one of the largest NGO's in Aotearoa, employing over three hundred people. Our vision at Ember is to create an Aotearoa where all people are supported to be who and what they want to be.

If you want to access this free employment resource or to learn more about it, contact Janey today at: janey.housego@ember.org.nz.

Ethnic Community Consultation



Ethnic Community Consultation



Want to help shape your community's future?

The Asian Network Inc. (TANI), on behalf of the Upper Harbour Local Board, invites you to a Community Consultation Workshop. Share your ideas and insights to help develop the **Ethnic Peoples/Communities Plan**.

Attend ONE of the following workshops and make your voice heard!

Workshop 1:

Monday 16 September,
12:30pm - 3:00pm,
Moa Room, Meadowood
Community Centre

Workshop 2:

Saturday 21 September,
12:00pm - 2:00pm,
Catalina Room, Headquarters
Building, Hobsonville Point

Workshop 3:

Wednesday 25 September,
4:30pm - 6:30pm,
Fruit Growers Room,
Albany Community Hub



**Chances to win
\$200 worth of gift cards
at each workshop!**

**To participate in the consultation workshop,
please RSVP to: info@asiannetwork.org.nz**

SupaPwr Advances To Finals Of Startup World Cup In San Francisco!

SupaPwr, the Category Sponsors for Sustainability at this year's Purple Ink Business North Harbour Business Excellence Awards, have advanced to the finals of the Startup World Cup in San Francisco. On September 12th, 12 teams will compete, with one Kiwi team moving on to the Grand Finale in Silicon Valley on October 4th.

This competition offers a fantastic opportunity to unite our startup community with a common goal: showcasing New Zealand as a leading startup nation on the global stage. Pegasus Tech Ventures will bring together top teams, VCs, entrepreneurs, and world-class tech CEOs from around the world. If successful, our top Kiwi startup will have the chance to win a \$1 million USD investment prize at the global finale, along with significant publicity and valuable connections from attending the event in Silicon Valley.

Business North Harbour has its fingers crossed for SupaPwr. Congratulations on making it to the finals in New Zealand! Now go forth and conquer the world!

Latest Information From Business.govt.nz



The **business.govt.nz** and other Government sources provide the latest information for businesses.

If you have any questions or need support please contact the Ministry of Business, Innovation and Employment (MBIE)'s phone line for small businesses: Freephone **0800 424 946**

Thank you to our 2024 - 2025 PLATINUM PARTNERS

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KOROWAI TAKITINI

Thank you to our 2024 - 2025 GOLD PARTNERS

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Thank you to our 2024 - 2025 SILVER PARTNERS

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Women in Business



Click Here
to read more about
our Partners and
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