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BNH Attends NZ - China Products Expo 2024



Kia ora tatou,

BNH was delighted to receive an invitation to attend and participate in the NZ – China Products Expo 2024 opening ceremony on 20th September. The event, which was held at ASB Showgrounds from 20th – 22nd September, attracted 150 exhibitors showcasing a variety of products from food, textiles and home furnishings to cultural and creative items and shipping services.

The opening ceremony was a formal event which included a number of presentations including one from BNH and was attended by a number of dignitaries from NZ and China including Wang Xiaolong, Ambassador Extraordinary and Plenipotentiary of the People's Republic of China to New Zealand, the Cook Islands, and Niue, Hon. Paul Goldsmith, New Zealand Minister for Culture, Arts and Heritage and Auckland mayor Wayne Brown.

During the past twelve months BNH has hosted four business delegations from China all of whom were keen to make contact with BNH members who already trade with China or who are looking to enter Chinese markets. If you're interested in making new connections in China, please let us know and we'll put you in touch with some useful contacts.

Ngā mihi mahana,

Kevin O'Leary

General Manager, Business North Harbour

Upcoming Workshops & Events



BUSINESS LUNCHEON: Beyond the Stigma: Alcohol & Mental Health in the Workplace
26th September 2024, 12.00-2.30pm
National Hockey Centre

Mental Health Awareness Week 2024: Beyond the Stigma: Alcohol & Mental Health in the Workplace

Alcohol-related harm costs New Zealand an estimated \$4 billion in lost productivity, including workplace absenteeism, contributing to a total estimated cost of \$9.1 billion*. Join us for a ground-breaking event aimed at dismantling the stigma surrounding alcohol use and identifying the significant link between alcohol use and mental health.

Renowned New Zealand journalist **Patrick Gower**, celebrated for his powerful documentary series including "Patrick Gower on Booze (TV THREE)," will share his personal journey of quitting alcohol, insights from filming his documentary, and will serve as the MC for this event.

Learn from **Janet Thompson**, Founder and CEO of The Retreat New Zealand, about implementing a Recovery Friendly Workplace Programme (RFPW) that effectively supports those facing mental health and alcohol-related challenges. Discover why a well-structured RFPW is crucial in our society today and how it can boost productivity, reduce absenteeism, enhance morale, and promote safety in your workplace.

Joining Patrick Gower on stage will be **Liam Scopes**, Senior Manager of Strategic Wellbeing at **Air New Zealand**. With nearly 20 years of experience in corporate health and wellbeing, Liam has played a pivotal role in shaping the mental health and wellbeing strategies at Air New Zealand, helping the company become a leader in workplace wellbeing.

About Liam:

Over the past eight years, Liam has spearheaded initiatives at Air New Zealand, including the development of a Mental Health and Wellbeing strategy and the creation of a Peer Support network of trained volunteers. His work ensures employees have trusted contacts for support, and he has collaborated with leaders across the company to promote health and wellbeing leadership. In 2021, Air New Zealand won the Supreme Award at the inaugural HeadFit Awards for "Leadership, Excellence, and Positive Impact Relating to Mental Health in the Workplace." More recently, Liam has focused on reducing psychosocial risks, working toward making Air New Zealand one of the world's most mentally healthy workplaces.

Join us for this important conversation that will empower you to drive positive change within your organisation.

Don't miss this opportunity to gain valuable knowledge and tools to foster a healthier workplace environment and break the stigma surrounding alcohol use, and be part of the change towards a more supportive and understanding workplace culture.

Click the button below to register | Limited seats available

**NZIER Report Published: 18th June 2024*

[Register here](#)

BUSINESS NORTH HARBOUR | LEARNING LAB



SUPPORTING YOUR SUSTAINABILITY JOURNEY

WITH VINCENT HEERINGA OF "THE CLIMATE BUSINESS" PODCAST AND FELICITY JOHNSON, SENIOR WASTE PLANNING ADVISOR AT AUCKLAND COUNCIL

THURSDAY 03 OCTOBER 2024
12:00-2:00PM BUSINESS NORTH HARBOUR



LEARNING LAB: Supporting Your Sustainability Journey
3rd October 2024, 12.00-2.00pm
Business North Harbour

LEARNING LAB SERIES 2: Supporting your Sustainability Journey!

Join us for an insightful Learning Lab designed to empower your organisation on its path to sustainability. This session features expert speakers **Vincent Heeringa from the Sustainable Business Network** and **Felicity Johnson, Senior Waste Planning Advisor at Auckland Council**, who will share practical strategies, resources, and success stories to help you navigate the complexities of sustainable business practices. Whether you're just beginning your journey or looking to enhance your existing efforts, this event will provide valuable insights and connections to drive meaningful change in your organisation.

Our Speakers:

Vincent Heeringa is the host of the podcast 'This Climate Business', is an advisor to the Climate VC fund and works with numerous brands to tell their sustainability story. He is a Director of Better Aotearoa, an impact agency specialising in communications and is also the Network Lead at Sustainable Business Network.

Felicity Johnson is a Senior Waste Planning Advisor at Auckland Council. Specialising in construction and demolition waste, her 20 years' experience in project and facilities management has given her a strong focus on improving waste outcomes for the construction industry. Felicity is currently spearheading a range of projects including Local Board funded projects that are directly engaging contractors with compliance, monitoring and action on illegal dumping as well as education. Her initiatives reduce waste, enhance the reuse and recovery of building materials, and promote sustainable practices within the construction industry.

A light lunch will be served, please get in touch if you have any dietary requirements.

[Register here](#)


BUSINESS AFTER 5 NETWORKING

NEW BREW

CAFE, BAR & RESTAURANT

NETWORK & NIBBLES

5.00PM-6.30PM, WEDNESDAY 16 OCTOBER 2024
49A WILLIAM PICKERING DRIVE, ALBANY



Business After 5 Networking
16th October 2024, 5.00pm - 6.30pm
New Brew Cafe, Bar & Restaurant

BNH invites members and their guests to our upcoming Business After Five event at **New Brew Bar & Restaurant** located at 49A William Pickering Drive in Albany.

Please come and join us for some networking in this warm, friendly and relaxed setting. Complimentary nibbles provided along with your first drink.

[Register here](#)



WELLBEING WOF DAY

CHECK YOURSELF OUT!

Friday 18.10.24
10.00am-4.00pm, National Hockey Centre

FREE HEALTH CHECK: BNH Warrant of Fitness Day 2024!
18th October 2024, 10.00-4.00pm
National Hockey Centre

Introducing the BUSINESS NORTH HARBOUR Wellbeing WOF Day: Free Health Checks for our Members!

While we dutifully take our precious cars to expert mechanics for warrant of fitness checks, we often neglect the most valuable machine of all—our own bodies. But fear not! We've joined forces with a team of passionate health care professionals who are ready to alter your health journey with an incredible FREE Health Check day, designed exclusively for you our members of the Business North Harbour community and your team!

You can opt to have as many or as few of the health checks as you like:

Free Health Checks* Available Include:

- Blood Pressure
- Hearing Screening
- BMI
- Breast Cancer
- Bowel Cancer Screening
- Dental Checks
- Mental and Wellbeing Advice
- Vaccinations**
- Plunket: Child Health

Health Providers Include: **National Bowel Screening Programme-Waitemata, DBS Dental Studio, Ember, Plunket, Triton Hearing, Habit Health, Asian Health Services Te Whatu Ora, Well Women, Age Concern, Breast Screen, Plunket, Heart Foundation, Prostate Cancer Foundation and more!**

** Please remember if you have any concerns about your health, please contact your healthcare provider ** Some services may incur a charge as per standard Ministry of Health eligibility and funding*

[Register here](#)



AGM 2024

THURSDAY 24 OCTOBER 2024 | 4.30PM

BUSINESS NORTH HARBOUR OFFICES
LEVEL 1, 322 ROSEDALE ROAD, ROSEDALE
ATTENDEES ARE WELCOME TO ARRIVE FROM 4:15PM

Business North Harbour Annual General Meeting (AGM) 2024
24th October 2024, 4.30pm
Business North Harbour Office

The 2024 Business North Harbour Annual General Meeting will take place on Thursday 24th October at the offices of Business North Harbour commencing at 4:30pm.

AGM 2024 documents will be loaded on the [BNH website](#) by 3rd October 2024.

Please RSVP via email to **Kevin O'Leary** (General Manager) at: kevin@businessnh.org.nz or via our online [form](#).

Latest Information From Business.govt.nz



The **business.govt.nz** and other Government sources provide the latest information for businesses.

- [Empowering Kiwi professionals in a changing landscape](#)
- [Sign up to support Cyber Smart week 2024](#)
- [Stay strong with the healthy business checklist](#)
- [Tools for sole traders](#)
- [Know your obligations for employee share schemes](#)
- [ACC Levy Consultation - have your say](#)
- [Want to be involved in setting standards for your industry?](#)
- [In case you missed it... tips to reduce your financial stress](#)

If you have any questions or need support please contact the Ministry of Business, Innovation and Employment (MBIE)'s phone line for small businesses: Freephone **0800 424 946**

The Ember Employment Talent Showcase Would Like To Introduce Alba!



Ember Employment have hundreds of jobseekers on their books ready to step into roles. Today, we'd like to introduce you to Alba, who is looking for work in admin.

Alba has held a variety of admin and retail positions and is looking for a long-term role with an organisation. She would prefer a role in the BNH region although she can travel to the CBD if needed.

If you want to learn more about Alba or any of the other jobseekers on our books contact Janey today at: janey.housego@ember.org.nz

We are a Platinum Partner of BNH and are appealing to you, our fellow members to support this initiative.

Ember Employment has a diverse range of talent ready to step into roles today. From construction site supervisors to retail sales assistants or checkout operators, we have the people you need. Our employment consultants support people to find the right job at the right time with the right organisation.

Ember is one of the largest NGO's in Aotearoa, employing over three hundred people. Our vision at Ember is to create an Aotearoa where all people are supported to be who and what they want to be.

If you want to access this free employment resource or to learn more about it, contact Janey today at: janey.housego@ember.org.nz.

Crime Prevention Funding Spend 2023/24



During the 2023/24 financial year, Business North Harbour (BNH) received funding from Auckland Council to boost crime prevention. We extended our patrols to 24/7 coverage during the holiday season and added CCTV cameras at six key locations within our Business Improvement District. These initiatives, alongside Vanguard Security, help safeguard our businesses and community assets. For more information, [click here](#).

Pallet Collection Service



While Business North Harbour still co-ordinates our LOCAL "Pallet swap service" refer to our website: <https://businessnh.org.nz/greener-business/>

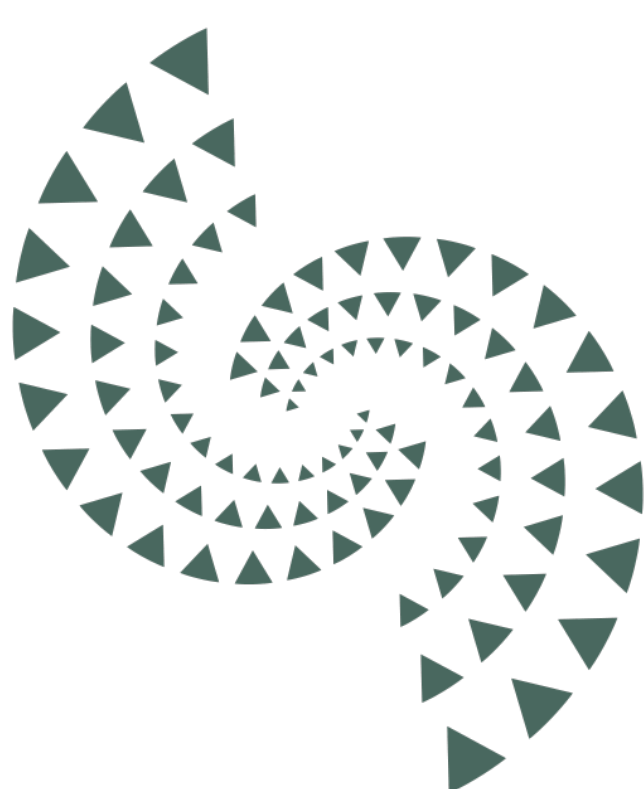
We have recently spoken to TWO pallet collection companies who will collect your surplus pallets for "FREE". Details are:

The Pallet Guys - Email: pallet.guy@yahoo.com or Txt 021 334 095

Metro Pallets - Email: collections@metropallets.co.nz or Txt 0204 725 538

NOTE: Both companies will collect any surplus pallets (In good or damaged condition) from your business premise NOT from the berm/side of the road.

New SME Adaptation Platform – Feature Your Business



Climate Connect Aotearoa

Are you a business experienced in managing climate impacts or adaptation planning? Climate Connect Aotearoa is launching a free platform in early 2025 to help SMEs with adaptation planning, climate risk management, and supply chain resilience. If you would like to share your story as a case study on the platform, we'd love to hear from you! [Learn more](#) and get in touch.

Are You Emergency Prepared?



Following the catastrophic floods in 2023, Auckland Emergency Management has put a lot of resource into improving the emergency preparedness of businesses and households including developing emergency plans for everyone to use and maps which show flood plains and the risk of flooding in your area. If you want to ensure that your business and home is prepared for the next extreme weather event you'll find their useful resources [here](#).

Increases To Parking Infringement And Towage Fees From 1st October



Starting October 1st, fines for parking violations will increase. The penalty for overstaying a meter by less than 30 minutes will rise from \$12 to \$20, while fines for parking on footpaths or blocking driveways will increase from \$40 to \$70. These changes are mandated by the Government as part of a crackdown on misuse of disabled parking, which will see fines for such violations soar from \$150 to \$750. [The new fees](#) also reflect inflation adjustments to help local councils manage parking more effectively.

New Zealand's First Healing Garden Wins International Design Award



New Zealand's first large-scale indoor healing garden, located at Tōtara Haumaru within the new hospital building at North Shore Hospital, has achieved a remarkable milestone by winning the prestigious Diamond Award at the annual international Biophilic Design Awards. This accolade recognises exceptional designs that enhance the connection between nature and architecture, promoting healing and well-being. The Healing Garden was thoughtfully designed through a collaboration between Jasmax, Outside In, Haumi, and **The Well Foundation**, bringing together expertise in landscape architecture and health-focused design to create a serene and restorative environment for patients, visitors, and staff alike. The garden not only serves as a peaceful retreat but also exemplifies the growing recognition of the importance of biophilic design in healthcare settings, aiming to improve overall wellness through nature.

Prime Industrial Lots For Sale



Colliers presents strategically located plots of land in Whenuapai, now available as part of Auckland's next major industrial land release. Owner-occupiers and developers have the rare opportunity to secure sites from 3,500 to 50,000 sq m, linking West Auckland and the North Shore's key industrial markets. Learn more at speddingroad.co.nz

Ex-Lease Coffee Machines Clearance



Foundation Coffee is a specialty coffee business that prides itself on offering high-quality coffee experiences. Alongside our expertly crafted coffee, we also sell ex-lease coffee machines, providing an affordable way for coffee lovers or small businesses to access premium, commercial-grade equipment. These machines have been professionally maintained, offering great value and performance at a fraction of the original cost.

Free phone: 0508 COFFEE (263333); Email: enquiries@foundationcoffee.co.nz

Charity Golf Day 2024



Join Voices of Hope for a day of fun at the stunning Wainui Golf Course, just 30 minutes from downtown Auckland. This exclusive event is all about enjoying great golf, tasty food, refreshing drinks, and plenty of laughs, all while raising money for a fantastic cause. With its 18-hole, 6485-metre par 72 layout, Wainui is one of New Zealand's top golf courses, making it the perfect spot for a day like this.

From the moment you arrive, you'll be treated to an awesome experience—starting with arrival bites, followed by lunch, snacks, and drinks throughout the day. Out on the course, there'll be plenty of fun, with challenges like Closest to the Pin, Long Drive, and Beat the Pro to keep you on your toes.

After a fantastic day of golf, we'll come together for a gourmet dinner, drinks, and great company. The evening will also feature a charity auction, along with an inspiring speaker.

100% Of profits go directly to Voices Of Hope, enabling us to continue our life-saving work. Charity Donation receipt available on request. Want to be more involved? Sponsorship & Hole activation opportunities available.

Contact details: golf@thevoicesofhope.org 021372383

World Restart A Heart Day



Join EMCARE on October 16th for [World Restart a Heart Day](#)! Based in Albany, EMCARE provides CPR courses across New Zealand and is teaming up with a medical equipment company for this free event. The goal is to raise awareness about cardiac arrest and CPR by offering hands-on practice with our manikins. There will be CPR competitions, drinks, finger food, and certificates for participants. Let's save lives together! For more information, email upskill@emcare.co.nz or call on 0800 362 273

Thank you to our 2024 - 2025 PLATINUM PARTNERS

 **HYUNDAI** | North Harbour

ember
KOROWAI TAKITINI

Thank you to our 2024 - 2025 GOLD PARTNERS

BENEFITZ
→ Design → Web → Print → Signage
→ Future thinkers.



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ALBANY

parkland

Thank you to our 2024 - 2025 SILVER PARTNERS

ASSA ABLOY



EDIBLE BLOOMS
YOUR NEW WORLD OF GIFTS

OXYGEN
OUTSOURCING



Thank you to our EVENT PARTNER

Women in Business



Click Here
to read more about
our Partners and
BNH Partnership
opportunities



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