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Consumer Caution Remains

Kia ora tatou,

As we fast approach the mid-point of the year, the renewed hope for many at the start of the year that the financial struggles people were facing would become a thing of the past hasn't proven to be our lived experience, as a large number of businesses and households are still struggling to make ends meet. You're also no doubt aware that we're about to see a sharp increase in our power bills and increases of 5.8 per cent in our Council rates and 7.2 per cent in our water rates, all of which will slow down any increase in consumer spending for many businesses.

Unfortunately, added to this there's some ongoing negativity which is also causing people to remain cautious about their spending, with the ever-changing dialogue out of America regarding tariffs creating economic uncertainty which is keeping economists guessing as to what the effects on our economy will be. Most are predicting modest economic growth at best this year, so it could still be some time before we can enjoy a sustainable economic environment.

Everyone at BNH hopes that members are able to successfully navigate these ongoing challenges ensuring your business' continuity.

Ngā mihi mahana,

Kevin O'Leary

General Manager, Business North Harbour

Upcoming Workshops & Events



First On The Scene First Aid Workshop

Friday, 8th August, 1.00 - 3.00pm

Business North Harbour

Workshop runs from 1.00pm until 3:00pm with light refreshments provided.

A customer or one of your staff needs urgent medical assistance. You are the first and possibly the only person there to respond. You've rung 111, and the St John Ambulance is on its way. **What you do in the next 4-12 minutes before the St John Ambulance arrives could save that person's life.**

St John has designed a two-hour workshop to up-skill staff. Attendees will be shown how to deal with the five most common situations they are likely to encounter in their workplace environment which could be a cardiac arrest, a falling injury, or a person cut and badly bleeding. The aim of this workshop is to up-skill staff to compliment, or assist, your fully trained first aiders.

COURSE CONTENT

- Adult CPR (incl. a demonstration on an AED defibrillator unit)
- Managing an unconscious patient who does not require CPR
- Best positioning, airway management, and environment assessment
- Managing a conscious patient who is feeling faint or having difficulty breathing
- Dealing with strains, fractures or broken bones due to a slip or fall
- Dealing with life threatening bleeding

[Register Here](#)

Past Events



Women In Business: Genevieve Mora: Voices of Hope

On 12th June, over 90 of North Harbour's women business leaders gathered at the National Hockey Centre for a powerful Women in Business event, proudly supported by Phone Plus Group and Purple Ink. Guest speaker Genevieve Mora, co-founder of *Voices of Hope*, shared her deeply personal journey through mental illness and recovery, and her mission to support others facing similar battles. Her raw honesty and insights into building an authentic, heart-led brand moved the audience, sparking a vibrant Q+A session. The event wrapped up with laughter, connection, and prizes – a perfect mix of purpose and joy.

For more information, [click here](#).

Comprehensive Parking Management Plan For Albany



Auckland Transport (AT) has undertaken a process to try to improve parking issues and vehicle movements throughout the City. They have identified a number of areas where they believe that introducing a Comprehensive Parking Management Plan will help to achieve their aims and Albany is one such area. The process is in its early stages at the moment, but AT's proposals for the Albany area are scheduled to be open for public consultation later in the year or early in 2026. BNH will let you know when consultation is taking place so that you have the opportunity to have your say.

Security Alert



Please be aware ALL businesses that there is a group of Irish/English travellers visiting businesses on the North Shore offering to repair carparks/driveways with Asphalt left over from a previous job. Do NOT agree to their offered service and become a victim, as the work they perform is sub-standard then they demand an immediate inflated payment for the work using intimidation tactics.

Free Local Wellbeing Support – Here When You Need Us



Hearts & Minds is a trusted, community-based organisation now located at 90 Rosedale Road. We've supported individuals and whānau across the North Shore for over 40 years, offering free and low-cost mental wellbeing support.

Our services include one-on-one Health Navigation, free Wellbeing Courses, Low-Cost Counselling, and a trusted Support Services Directory. We welcome people of all backgrounds, with Mandarin-speaking staff available.

We'd love to connect with local organisations and see how we can support your community too.

0800 468 288 | info@heartsandminds.org.nz | heartsandminds.org.nz

Together, we can build a stronger, more connected North Harbour.

Entries Are Now Open For The 2025 2degrees Auckland Business Awards



Entries are now open for the 2025 2degrees Auckland Business Awards – and we invite you to highlight your business achievements.

Delivered by the Auckland Business Chamber, these Awards honour the excellence, innovation, and resilience that define our region's business community. Whether you're a fast-growing start-up or a long-standing business, there is value to be gained.

The entry process is free and open to businesses of all sizes. More than just a trophy, the benefits of entering include:

- Recognition from peers, customers, and industry
- Valuable feedback from experienced, independent judges
- Increased brand exposure through marketing and media
- A powerful way to celebrate your team's success
- Connections with a wide network of finalists and business leaders

It's completely **free** to enter.

Entries close Sunday 13th July 2025.

If you've ever considered entering, now's the time to act.

Business is all about taking opportunities – and this one is right at your fingertips. What have you got to lose? <https://www.aucklandbusinessawards.co.nz/>

Winter Food & Essentials Drive

WINTER

Business
North
Harbour

FOOD DRIVE

1 JULY -
30 AUG

Winter Food & Essentials Drive

1 July to 30 August

As the colder months set in, many in our community need a little extra support.

Business North Harbour is collecting non-perishable food and essential items to help local charities care for those doing it tough this winter.

DONATE
NOW

DROP-OFF LOCATION:

BNH OFFICE, LEVEL 1, 322
ROSEDALE ROAD
MON - THURS, 10AM – 3PM

WHAT TO DONATE:

NON-PERISHABLE FOOD
ITEMS & TOILETRIES

As the colder months set in, many in our community need a little extra support. Business North Harbour is collecting non-perishable food and essential items to help local charities care for those doing it tough this winter.

Drop-off location:

BNH Office, Level 1, 322 Rosedale Road
Monday to Thursday, 10am – 3pm

What to donate:

Non-perishable food items: EG

- Canned soups and stews
- Pasta, rice, noodles
- Cereal and oats
- Canned vegetables and fruit
- Long-life milk
- Spreads (peanut butter, jam, Marmite)

Toiletries and hygiene products:

- Soap and body wash
- Toothpaste and toothbrushes
- Deodorant
- Feminine hygiene products
- Toilet paper
- Shampoo and conditioner

Every item counts. Thank you for helping warm hearts and fill pantries this winter.

Business Trapline

North Harbour businesses trapline and drink! 4 - 5:30pm Fridays



Help biodiversity flourish in your area. Join a team of great people making a positive difference for our local environment!

We have set up trap lines across the Albany Basin! Now we need individuals or organisations to monitor and reset traplines in Fernhill and Burnside Native bush, upper Alexander Stream and Lucas Creek/Kell Park. Your company could have its own trapline to care for each week. Or join a wider team and trap once a month. No experience or tools necessary- we show how to do it!

Are you interested? Get in touch with Nick
hello@restoringrosedalepark.org.nz



Latest Information From Business.govt.nz



The business.govt.nz and other Government sources provide the latest information for businesses.

If you have any questions or need support please contact the Ministry of Business, Innovation and Employment (MBIE)'s phone line for small businesses: Freephone **0800 424 946**

Thank you to our 2024-2025 PLATINUM PARTNERS

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North

Thank you to our 2024-2025 SILVER PARTNERS

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Thank you to our Event PARTNERS

Women in Business

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Business North Harbour Business Excellence Awards

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