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Business Continuity And Resilience.

Kia ora tatou,

I'd like you to take a few moments to ponder a couple of questions:

How resilient is your business? Have you developed a Business Continuity Plan?

The economic challenges that have plagued some business owners since the pandemic saw 'pivoting' and 'business resilience' become part of our everyday terminology and in more recent times, business resilience and business continuity have become buzz words, as the threat of business disruption due to severe weather events has become a harsh reality.

Since the major Auckland floods in 2023, Auckland Emergency Management (AEM) has been working to support business owners to improve their business' resilience by encouraging people to develop a Business Continuity Plan. BNH is working collaboratively with AEM to spread the word to our members regarding the importance of being prepared for the next significant natural event as a household, a business owner or property owner.

AEM has just added a very useful weather Alert system to their website, the details of which are shared later in this newsletter and we'll be looking to work with AEM later in the year to support the development of Business Continuity Plans for our members.

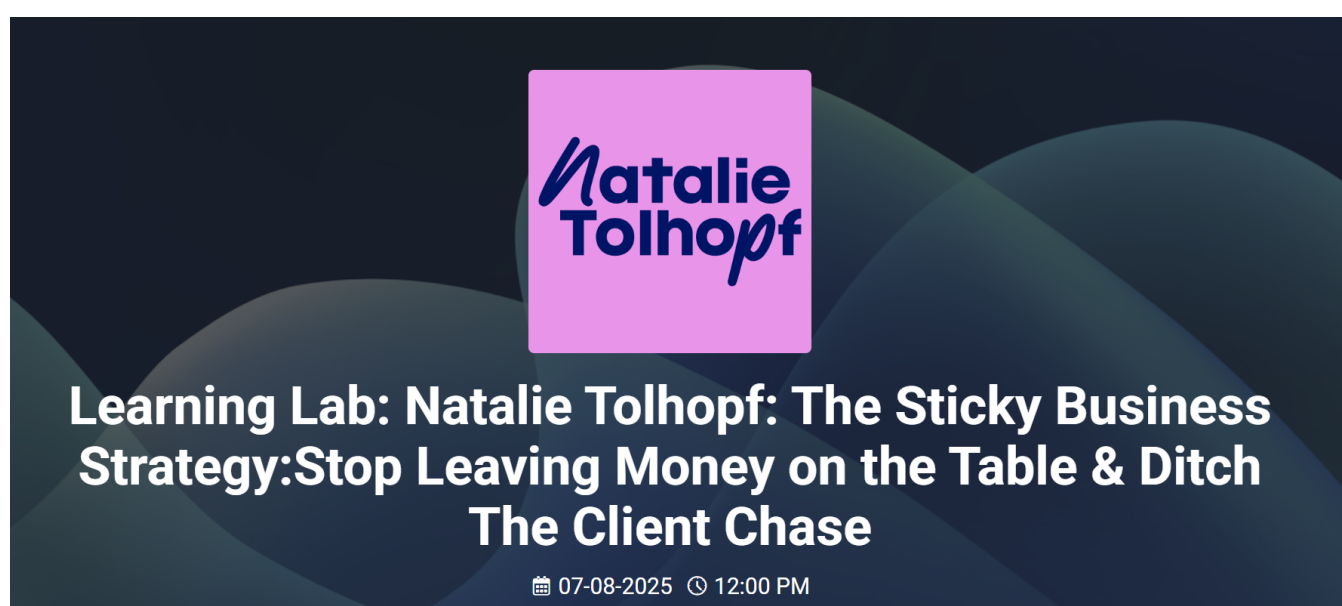
Please take the time to follow the links in the [AEM article](#) and keep an eye open for more details about the opportunity to develop a Business Continuity Plan.

Ngā mihi mahana,

Kevin O'Leary

General Manager, Business North Harbour

Upcoming Workshops & Events



Natalie Tolhopf

Learning Lab: Natalie Tolhopf: The Sticky Business Strategy: Stop Leaving Money on the Table & Ditch The Client Chase

📅 07-08-2025 ⌚ 12:00 PM

Business North Harbour presents: Natalie Tolhopf – The Sticky Business Strategy
Thursday, 7th August, 12pm
Business North Harbour

Back by demand, sales and strategy coach Natalie Tolhopf returns with a one-hour, high-impact session to help business owners stop the endless client chase. Learn how to maximise existing offers, get paid for your full contribution, and build long-term client relationships. Discover practical insights to turn near-misses into real revenue with a proven, sustainable approach. A light lunch is provided.

[Register Here](#)



St John

FIRST ON THE SCENE FIRST AID WORKSHOP

FRIDAY 8 AUGUST 2025, 1.00PM – 3.00PM

@BUSINESS NORTH HARBOUR

First On The Scene First Aid Workshop
Friday, 8th August, 1.00 - 3.00pm
Business North Harbour
Workshop runs from 1.00pm until 3:00pm with light refreshments provided.

A customer or one of your staff needs urgent medical assistance. You are the first and possibly the only person there to respond. You've rung 111, and the St John Ambulance is on its way. **What you do in the next 4-12 minutes before the St John Ambulance arrives could save that person's life.**

St John has designed a two-hour workshop to up-skill staff. Attendees will be shown how to deal with the five most common situations they are likely to encounter in their workplace environment which could be a cardiac arrest, a falling injury, or a person cut and badly bleeding. The aim of this workshop is to up-skill staff to compliment, or assist, your fully trained first aiders.

COURSE CONTENT

- Adult CPR (incl. a demonstration on an AED defibrillator unit)
- Managing an unconscious patient who does not require CPR
- Best positioning, airway management, and environment assessment
- Managing a conscious patient who is feeling faint or having difficulty breathing
- Dealing with strains, fractures or broken bones due to a slip or fall
- Dealing with life threatening bleeding

[Register Here](#)



RISQ
Training + Advisory

PERSONAL SAFETY & CONFLICT RESOLUTION TRAINING

EXPRESSONS OF INTEREST: Personal Safety & Conflict Resolution Training
BNH is considering offering a **Personal Safety and Conflict Resolution** course offered by RISQ at a **special subsidised rate of approx. \$299 per person** – a significantly reduced fee

exclusive to BNH members.

This practical, interactive course is ideal for any staff member who interacts with customers or the public – whether on the shop floor, front desk, or out in the community.

Delivered through a mix of open discussions, demonstrations, roleplay and group activities, this course gives participants the **tools, strategies, and confidence** to manage conflict calmly and safely.

Participants will learn how to:

- Navigate difficult, abusive, or aggressive situations
- Recognise and manage their own stress responses
- Resolve conflict legally, effectively and safely
- Build and maintain personal resilience
- Identify safe spaces and develop safety routines

If this sounds like a valuable opportunity for you or your team, we'd love to hear from you.

Register your expression of interest [here](#).

Latest Information From Business.govt.nz



The **[business.govt.nz](#)** and other Government sources provide the latest information for businesses.

- [New financial year, new forecast](#)
- [Tax round-up for July](#)
- [Are you operating at a loss?](#)
- [How hiring a veteran could benefit your business](#)
- [It's ACC levy invoice time](#)
- [Challenging common thinking traps](#)
- [Thinking of exporting cosmetics to China?](#)
- [New guidance to help you use AI responsibly](#)

If you have any questions or need support please contact the Ministry of Business, Innovation and Employment (MBIE)'s phone line for small businesses: Freephone **0800 424 946**

Food Waste Collections



The BNH Food Waste Collection programme started in March 2018. Through our collaboration with [Upper Harbour Local Board](#), we estimate that we are currently diverting approx. 32.2 tonnes of food waste from landfill every year and this also calculates to more than 85 tonnes of diverted CO2 emissions too.

BNH welcomes registrations from any and all local businesses, especially from the catering, hospitality, and food preparation sectors.

Sign up [here](#) to claim your FREE kitchen bin and your first six collections FREE!

Stay Ahead Of The Weather



Auckland Emergency Management (AEM) has introduced a simple system on their website to enable Aucklanders to keep up to date with weather Alerts, Watches and Warnings. Follow the links below to access the [AEM website](#) information and follow them on [AEM Facebook page](#)

Recently Trained And Ready For Work!



Is your business looking for candidates with the right skills to start straight away?

We have people who are newly qualified and ready to join your team. Skills for Industry are programmes funded by the Ministry of Social Development to support candidates in gaining industry-specific skills through pre-employment or in-work training.

We currently have candidates in Auckland North and West who have recently completed this training and are currently looking for work in:

- Warehousing and Logistics (includes forklift, DG and WTR endorsements, EWP)
- Building and Civil Construction
- Concreting

If your business is looking for new talent, recently upskilled and ready to start, please contact Denise Bayne, Manager Regional Employment, today denise.bayne001@msd.govt.nz

Congratulations To Rosedale Bakery & Café For The 2025 Bakels Supreme Pie Award!



Rosedale Bakery & Café's Potato Top Pie has officially been crowned the best in New Zealand at the 2025 Bakels Supreme Pie Awards. This French-inspired creation features a swirled potato top, and a centre of fondant-style potatoes layered au gratin, seasoned with garlic, rosemary, and butter. Owner Samraksme So spent a year perfecting the recipe, and the result wowed judges with its innovation and flavour. It's truly delicious!

Chamber Membership Offer For BNH Members



As a Business North Harbour member, you're eligible for Auckland Business Chamber membership at a special rate of **\$50+gst per year**. Chamber membership gives you access to a range of benefits, including:

- Savings through Alliance Partners – Get discounts with 2degrees, OfficeMax, Z Business, Bunnings, Noel Leeming, Yoogo Fleet, Clarity Insurance Brokers, Reliance Utilities and more. Full details here: [Alliance Partners](#)
- Exclusive member-to-member offers
- Chamber Toolkit – Access templates, guides, and business resources online, plus talk to a Business Advisor by calling 0800 543 543
- Free 30-minute consultation with one of our Growth Advisors to discuss business growth or innovation
- Promotional opportunities – Raise your profile through initiatives such as Member Feature Friday (a complimentary social media promo), and inclusion in the online Business Chamber directory
- Free Member Evenings and one BA5 networking event per year
- Member pricing on Chamber events throughout the year
- Discounts on international trade documentation

To take advantage of this offer, please click [here](#), enter coupon code: **BusinessNorthHarbour** to access your \$50+gst membership.

Thank you to our 2025 - 2026 PLATINUM PARTNERS



Thank you to our 2025 - 2026 GOLD PARTNERS



Thank you to our 2025 - 2026 SILVER PARTNERS



[Click Here](#)
to read more about
our Partners and
BNH Partnership
opportunities



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