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Consumer Price Index (CPI) – There's More
Pain To Come

Kia ora tatou,

The latest CPI figures released by Stats NZ on 21st April, made for difficult reading with inflation tracking at 3.1% in the 12 months to the March 2026 quarter, which was higher than most economists had predicted and is outside the Reserve Bank Of New Zealand's (RBNZ) target band of 1 – 3%.

Electricity prices and local authority rates were the main contributors to the annual inflation rate which is now predicted to reach around 4%, once the increase in oil prices due to the conflict in the Middle East takes full effect.

The knock-on effect on business and consumer spending, particularly as interest rates move upwards again, could once more see member businesses facing the cashflow challenges which we had all hoped were becoming a thing of the past, as the economic situation slowly improved prior to the recent geopolitical turmoil.

I sincerely hope that members are able to successfully navigate this latest economic challenge however long it may last, which like the cause of the problem, unfortunately remains completely out of our control.

Ngā mihi mahana,

KEVIN O'LEARY

General Manager

Upcoming Workshops & Events

Networking & Nibbles: Hosted by ANZ

NETWORKING & NIBBLES



Thursday 7 May 2026

ANZ, Level 4, 9 Corinthian Drive, Albany. From 4.00pm

Business
North
Harbour

Join us for an energising Networking & Nibbles event as ANZ welcomes members for an **evening of connection, conversation, and community.**

Enjoy light refreshments while you network with fellow professionals and hear how ANZ is supporting local businesses to grow, innovate, and thrive. This is a great opportunity to build relationships, exchange ideas, and strengthen your **business network in a relaxed and welcoming setting.**

[Register Now](#)

BNH Pop Up Business School

Business North Harbour

POP UP BUSINESS SCHOOL

4-DAY WORKSHOP!

FROM IDEA TO ACTION
Build & Launch Your Business with Confidence

4-7 May, 9:00am-3:30pm
Harbour Hockey – 159 Bush Road, Rosedale

Upper Harbour Local Board
Auckland Council

The BNH 4-Day Pop-Up Business School is an intensive, hands-on programme **designed specifically for anyone thinking about starting a business.** This practical workshop is ideal for aspiring entrepreneurs, start-ups, and small business owners who are ready to turn their ideas into a viable, sustainable business.

[Register Now](#)

Inorganic Collection Event Dates Confirmed

INORGANIC COLLECTION
REUSABLES // E-WASTE // GENERAL INORGANIC

Help reduce landfill, protect the environment and save money!

Only \$49^{plus GST} per m³ collected
*Minimum charge of \$49 plus GST applies

Abilities Group

Business North Harbour

[BUSINESSNH.ORG.NZ/INORGANICCOLLECTION](https://businessnh.org.nz/inorganiccollection)

Just another reminder to all our members that the last day to register for a collection will be **Friday 1st May 2026.**

Collection date: Wednesday 6th May; 7th May

[Register My Collection](#)

Buffet Breakfast And Bottomless Coffee For The Boys



MEN AT BREAKFAST

DAVID DOWNS

Genetically Modified Optimist

Business North Harbour

Monday 11 May 2026
55 Café – 55 Constellation Drive
7.30am – 9am



Gents, this one's just for you!

Kickstart your morning with a solid breakfast, great coffee, good conversation — and the chance to meet one of New Zealand's most dynamic leaders.

Why wouldn't you want to be there?

[Register Now](#)

The BNH Business Expo 2026



Business North Harbour

TABLE TOP NETWORKING

THE BNH BUSINESS EXPO RETURNS FOR 2026!

Connect. Showcase. Grow.

Thursday 14 May 2026, 4pm–7pm. North Shore Golf Club.

We're thrilled to announce the return of the Business North Harbour Business Expo in 2026. It's back — bigger, bolder, and packed with opportunity.

Following the incredible success of our previous events, this highly anticipated expo is your chance to **showcase your business, build meaningful connections, and expand your network within the BID** community.

Designed as a vibrant, high energy event, the BNH Business Expo brings local businesses together in one dynamic space to connect, collaborate, and be discovered.

Think of it as a mini business expo — an engaging platform where BNH members and associate members can put their business in the spotlight, spark conversations, and uncover new opportunities.

[Register Now](#)

Health & Safety Reform Webinar



LEARNING LAB

HEALTH & SAFETY REFORM

Understand what the Health and Safety at Work Amendment Bill means for your business

A webinar presented by Sheree Camilleri of Thrive
Thursday 28 May 2026 | ONLINE | 9:30am – 10.15am

Brought to you by  **Business North Harbour**

Join our **FREE webinar** to understand what the Health and Safety at Work Amendment Bill could mean for your business.

New Zealand's **health and safety laws are set to undergo their most significant changes** since the Health and Safety at Work Act 2015 — and these reforms may directly affect how you manage risk, meet your obligations, and operate day to day.

You're invited to this practical, informative webinar where we'll break down the proposed changes, explain what's really shifting, and **help you understand what actions you may need to take** to stay compliant.

[Register Now](#)

First Aid Workshop With St John





St John

FIRST ON THE SCENE FIRST AID WORKSHOP

WEDNESDAY 17 JUNE 2026, 10.00AM – 12.00PM
@BUSINESS NORTH HARBOUR

A customer or one of your staff needs urgent medical assistance. You are the first and possibly the only person there to respond. You've rung 111, and the St John Ambulance is on its way. **What you do in the next 4-12 minutes before the St John Ambulance arrives could save that person's life.**

St John has designed a two-hour workshop to up-skill staff. Attendees will be shown how to deal with the five most common situations they are likely to encounter in their workplace environment which could be a cardiac arrest, a falling injury, or a person cut and badly bleeding. The aim of this workshop is to up-skill staff to compliment, or assist, your fully trained first aiders.

[Register Now](#)

The Eid Carnival At The Albany Reserve Has Been Rescheduled



EID CARNIVAL

TREATS
KIDS CRAFT
SURPRISES

FREE

HENNA
FUN GAMES
FACE PAINTING

LIVE ENTERTAINMENT & FOOD STALLS

The Eid Carnival hosted by Harmony Hive at the Albany Reserve has been rescheduled to Monday 27th April from 12-5pm.

Eid is a time for togetherness, joy, and celebration! Come along and enjoy fun activities delicious

food & treats, laughter and music.

Get Ready for the Eid Carnival!

Celebrate Eid with us in a vibrant, family-friendly outdoor setting!

Join the community for a day filled with joy, connection, and culture. This open-air event welcomes everyone to experience the spirit of Eid together.

Event Links:

- [Instagram](#)
- [The Facebook event page](#)

[Reserve Your Spot](#)

Past Events

Networking & Nibbles at Hyperbaric Health



Our latest *Networking & Nibbles* at Hyperbaric Health marked an exciting shift with a new 4pm start time, making it easier for busy professionals to drop in early or arrive after work and still enjoy the full experience. The unique clinic setting, combining cutting-edge wellness technology with a warm, welcoming atmosphere, set the tone for a relaxed and engaging evening of connection.

Guests enjoyed delicious Thunder Toffee Vodka cocktails alongside a curated selection of nibbles while networking with fellow Business North Harbour members. A key highlight was hearing from owner Samantha Winters, who shared the story behind Hyperbaric Health, her personalised approach to care, and insights into hyperbaric therapy and its wide-ranging benefits.

The afternoon delivered a great mix of learning, conversation, and community, reinforcing the value of bringing business and wellbeing together.

[Read More](#)

What's Happening On Business.govt.nz

Stay In The Know



[Business.govt.nz](#) and other New Zealand Government channels are continually sharing the latest updates, tools, and guidance to help businesses **stay informed and prepared**.

If you've got questions or need a hand, the Ministry of Business, Innovation and Employment (MBIE) is here to support you. Small Business Freephone: 0800 424 946

[Visit Business.govt.nz](#)

BNH Mother's Day Promo 2026



Celebrate Mum this Mother's Day with a month of special offers, thoughtful gifts, and feel-good experiences from your favourite local retailers and service providers.

Throughout the weeks leading up to Mother's Day on Sunday 10th of May, participating businesses are rolling out exclusive Mother's Day promotions — from pampering treatments and personalised services to unique gifts, limited-time bundles, and heartfelt surprises designed to make Mum feel truly appreciated.

Plus — Share & Win!

[Shop Now](#)

Do Hybrids Really Save Money?



With petrol prices in NZ sitting around \$3 per litre, more Kiwi drivers are looking for ways to cut fuel costs — and hybrids are firmly in the spotlight.

The short answer: Yes, hybrids *can* save you money, especially if you spend time in city traffic or drive regularly. Many Kiwi drivers see \$1,000+ in annual fuel savings, thanks to lower fuel consumption and reduced wear on brakes and engines.

Why hybrids help your wallet:

- Use 30–50% less fuel than petrol cars, particularly in stop-start city driving
- Lower maintenance needs thanks to regenerative braking and reduced engine load
- No charging required for standard hybrids — just fill up and go

Best for drivers who:

- Commute in urban areas like Auckland, Hamilton or Wellington
- Do lots of short trips
- Drive 15,000 km or more per year

Things to keep in mind:

- Hybrids can cost a little more upfront
- Savings shrink on long motorway drives
- Full EVs may offer even lower running costs, depending on your budget and lifestyle

Read the full story here [Do Hybrids Really Save Money? | News](#) Or reach out directly to team at **Ingham North Harbour** on **09 444 7777** or northshore@inghamdriven.nz

Go Hybrid With Hyundai

Fuel Theft On The Rise



Just weeks after police indicated fuel theft was not increasing, the situation has shifted. Speaking on 'Breakfast' on Friday 17th April, Assistant Commissioner of the New Zealand Police Tusha Penny confirmed a sharp rise, noting that "there has been an increase of 26% in petrol drive-offs," alongside growing incidents of diesel theft in rural areas.

Police are also urging greater community involvement, stressing that awareness is key to prevention. "What we want to do is we want the communities to work with us, so we know about it," Penny said. "We can't target it if we don't know about it... it's critical that people ring us and let us know, and we will have a response."

The information has been really clear on what works: LIGHTS, LOCKS, CAMERAS, and let the police know early of any thefts.

How to protect yourself:

- Lights: Use motion lights and keep areas visible
- Locks: Secure doors, windows, and fuel storage
- Cameras: Visible cameras can deter theft
- Report: Call 111 if it's happening now, or 105 after the fact

In an environment where fuel theft and other offences are rising, this kind of collective approach is becoming increasingly important. It not only helps deter opportunistic crime but also strengthens the overall resilience of the North Harbour business community.

Please visit [Business North Harbour's Crime Prevention Page](#)

Read More

Auckland's Community Recycling Centres



Last edition we shared the sobering news that 30% of Auckland's recycling ends up in landfill. If that stuck with you, here's something worth knowing about. Auckland has 15 community recycling centres dotted across the region, and they're one of the best tools we have for keeping useful stuff out of the tip.

Most people think of recycling centres as somewhere to drop off bottles and cardboard, but these places accept far more than that. Got an old mattress, timber offcuts, broken appliances, or garden tools gathering dust? Drop them off rather than sending them to landfill.

And here's the bit people often don't know — most centres have on-site shops selling quality second-hand household items, furniture, and building materials at seriously affordable prices. Great for the wallet, great for the planet.

Profits are also reinvested back into the local community, and the network employs over 150 Aucklanders across the region.

Find Your local Centre

Conservation Week Activities For Businesses



It's Conservation Week/*Te Wiki o Te Taiao* from 20–26 April 2026, and it's a great opportunity for businesses to get involved in protecting and supporting our natural environment.

Conservation Week in New Zealand encourages individuals, communities, and organisations to connect with nature and take action to help care for it. Businesses of all sizes can play an important role by making small changes, encouraging staff involvement, and supporting local conservation efforts.

Here are a few simple ways businesses can take part:

- Organise a team clean-up
- Support local conservation groups
- Plant native trees or plants
- Encourage sustainable workplace habits

You can learn more about Conservation Week activities and resources through the Department of Conservation website: <https://www.doc.govt.nz/news/events/conservation-week/>

Read More

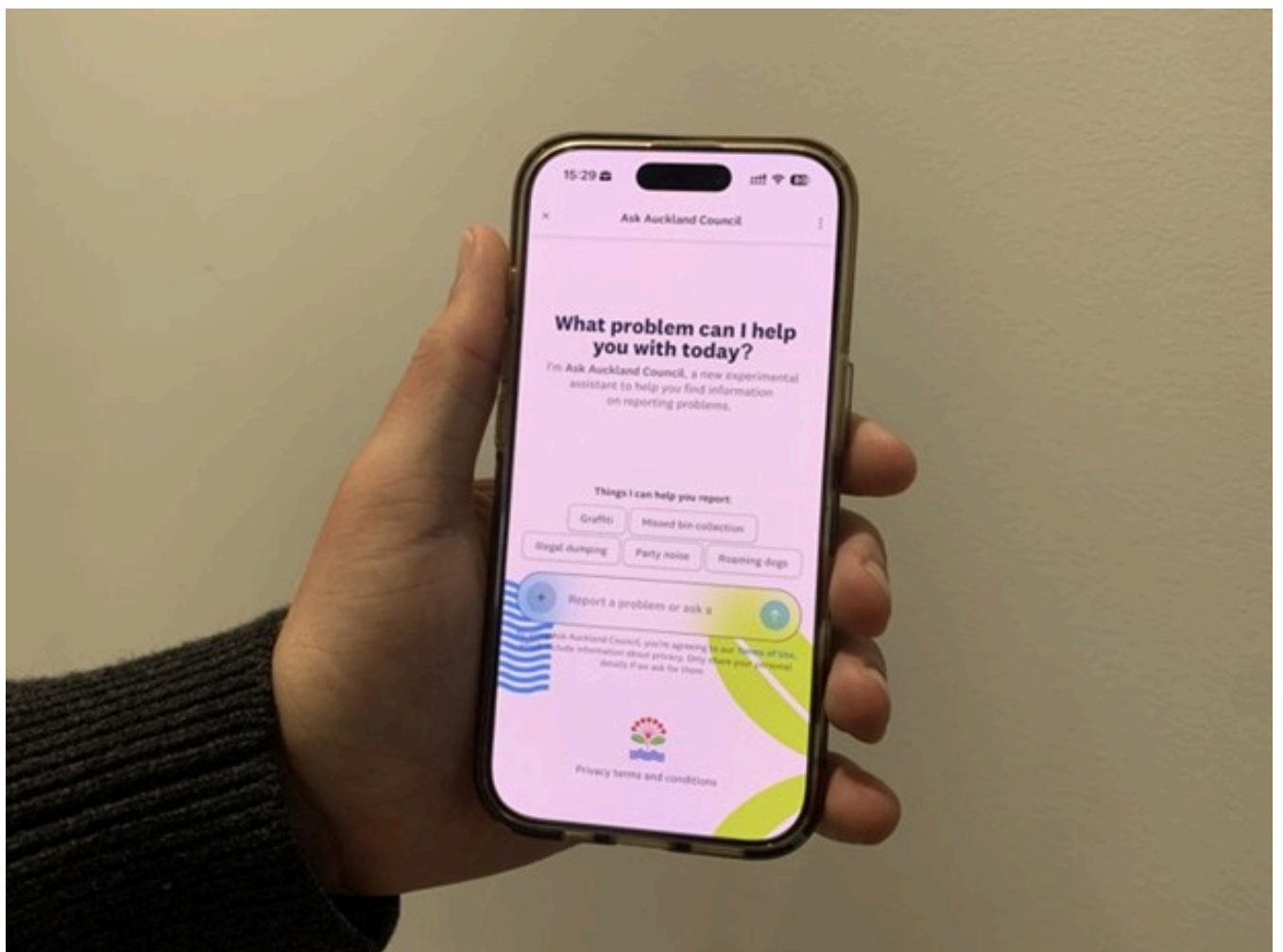
Regional Business Partners – Business Support



The [Auckland Business Chamber](#) is part of the [Regional Business Partner \(RBP\) Network](#) (RBP), supported by the Ministry of Business, Innovation & Employment (MBIE), providing advice and support to New Zealand businesses. Our Growth and Innovation Advisors help business owners identify opportunities, grow sustainably and build capability. We offer guidance, referrals and connections to support your business journey.

[Register For Free](#)

Ask Auckland Council



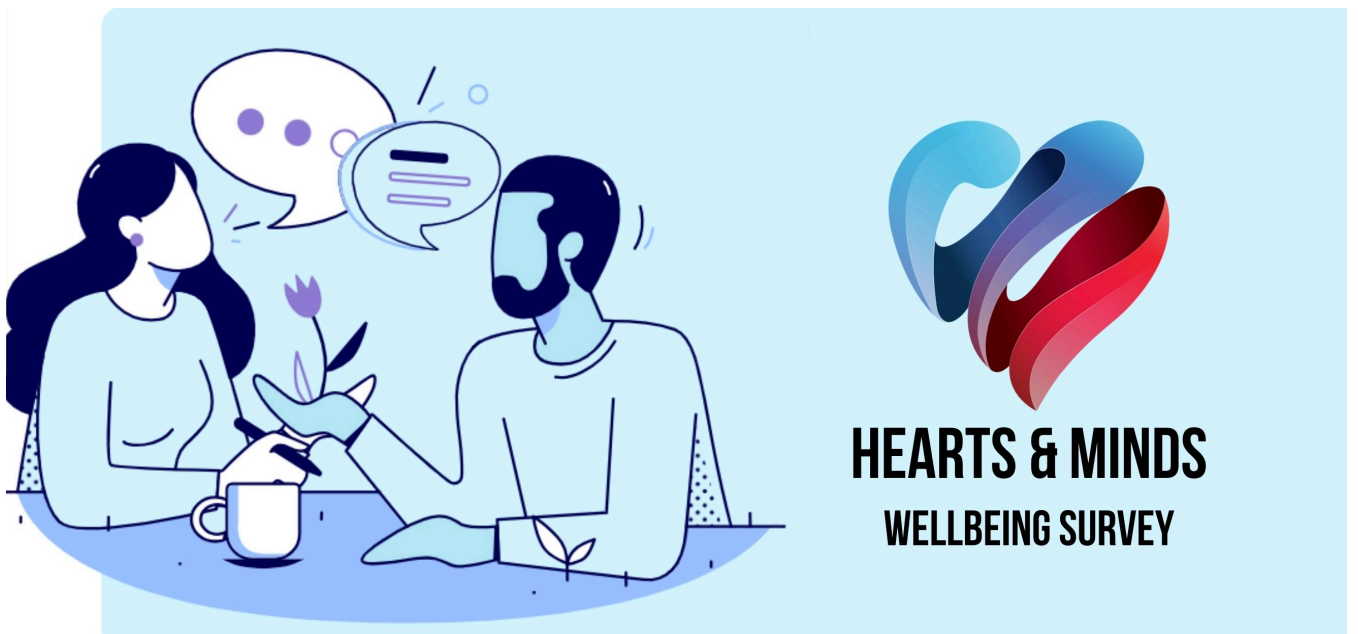
Aucklanders can now use an AI-powered virtual assistant to safely report problems, including graffiti, roaming dogs and party noise.

Every day, Aucklanders help keep our communities safe, neighbourly and tidy by reporting problems to the council. This has just got easier with the launch of a new, purpose-built virtual assistant called **Ask Auckland Council**.

You can use it to report graffiti, illegal dumping, roaming dogs, missed bin collections, and party/people noise, as well as quickly find information for reporting other problems.

[Read More](#)

Take Part In Shaping A Healthier, More Resilient Business Community



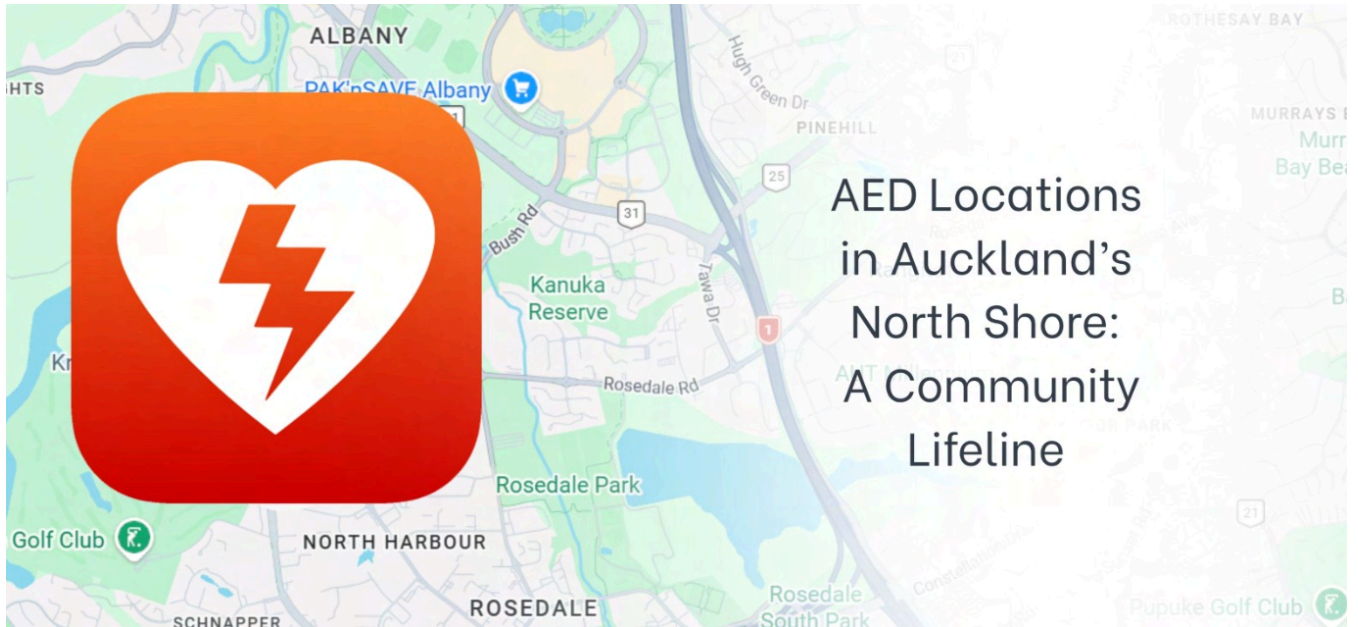
Business North Harbour, in partnership with Hearts & Minds, is inviting local businesses to take part in the Business Community Wellbeing Survey. Your anonymous responses will help us build a clearer picture of workplace wellbeing in our area and ensure that any support developed is practical, relevant, and grounded in the real experiences of employers.

Your insights matter! Complete the Business Community Wellbeing Survey today and help us develop practical, relevant support for local workplaces.

So grab a cuppa and take a few minutes to share your thoughts.

[Complete Survey](#)

AED Locations In Auckland's North Shore: A Community Lifeline



Sudden cardiac arrest can happen anywhere, at any time, and immediate access to an AED can dramatically increase survival chances. Our latest article explores how businesses across Auckland's North Shore can play a vital role in strengthening community emergency response. It highlights practical steps, including improving public awareness of AED locations, increasing CPR and AED training opportunities, installing externally accessible defibrillators, and ensuring all devices are properly registered with emergency services. These actions help reduce response times and build confidence in life-saving situations.

Read the full article to learn how local businesses are helping create a safer, more prepared community.

[Read More](#)

Update From Auckland Emergency Management



Can you help?

The disruption caused by the recent cyclone is a timely reminder that we need to keep taking steps to build our own resilience. The ClimateWise team is building a practical platform to help local businesses do exactly this. We want to make it as easy to use as possible, so we're looking for businesses to test it with us. Sessions are short (about 30 minutes) and online. Please email Leeanna.Kohn-Hardy@aucklandcouncil.govt.nz if you'd like to take part.

Key contacts

- Website: aem.govt.nz

- Call us: 0800 22 22 00 (this number links to the council contact centre and is prioritised during an emergency)

- Email us: aeminfo@aucklandcouncil.govt.nz

- Facebook: <https://www.facebook.com/aklccdem/>

- X: <https://x.com/AucklandCDEM>

Always, **call 111 if there is an immediate threat** to life or property.

Review Gating – What It Is And What It Could Cost Your Business



Review gating, the practice of filtering customer satisfaction before directing reviews to Google or Meta, is widespread across trades businesses, dental and medical clinics, hospitality venues and real estate agencies on the North Shore. Most business owners using this software have no idea they are in breach of Google's policies or the Fair Trading Act 1986 and prosecutions and penalties are on the increase.

Protect your business now — check whether your review process is compliant before penalties hit.

[Read More](#)

ANZAC DAY Commemorations Across The North Shore



Communities across the North Shore will come together this ANZAC Day to honour and remember those who have served.

Browns Bay will host the only North Shore Dawn Service, with a parade at 5.15am and service at 6am, followed by a Civic Service later in the morning. The event is coordinated by the East Coast Bays RSA with support from Auckland Council and local schools, helping keep the tradition of remembrance alive for future generations.

Services will also be held across Albany (11am), Takapuna (9am), Devonport (11am), Birkenhead (10am), Glenfield (11.30am), and Northcote (10.45am), with many including parades and light refreshments.

Please note that road closures will be in place in several areas during the events.

We encourage you to attend a local service and take a moment to reflect this ANZAC Day.

[Full List Of Services](#)

Book With AUT Millennium And Save!



BOOK AN EVENT OR CONFERENCE AND GET 10% OFF!

USE CODE AUTM10

conference@autmillennium.org.nz
17 Antares Place, Rosedale
autmillennium.org.nz




FYI Magazine – Winter Edition



We're inviting all members to be part of the **next issue of FYI Magazine**, showcasing the people, stories, and successes across our business community.

Got business news to share?

Whether it's a milestone, new hire, expansion, award, or event, we'd love to feature it. This is your chance to raise your profile and connect with fellow members. Simply send your updates to editor@businessnh.org

Looking to promote your business?

Advertising in *FYI Magazine* is a great way to reach a highly engaged local audience. If you'd like to explore advertising opportunities, you can request our media pack here: <https://businessnh.org.nz/fyi-magazine/>

Spaces fill quickly, so we encourage you to get in early!

If you have any questions or want to discuss ideas, feel free to reach out, we're here to help and always open to new exciting ideas.

We look forward to showcasing your story.

[Read the FYI](#)

Buy Local



Don't forget to **join the Buy North Harbour Facebook group** to promote your business products and services and support your North Harbour neighbours.

[Join Now](#)

Follow Us & Stay In The Loop



Stay connected with us beyond the inbox. Join our online community to get the latest updates, behind-the-scenes moments, and insights created just for you. Follow along and be part of the conversation.

Love This Email? Share It With Your Team!

If you've got colleagues who'd enjoy staying in the loop about our events, opportunities, and updates, feel free to **forward this email** their way. We'd love to welcome more of your team into our community!

It's easy for them to join. By simply clicking the link below and **signing up to our mailing list**, they'll get all the latest news straight to their inbox.

[Sign Up to YOUR eNews](#)

Our Valued Partners

Thank you to our 2025-2026 PLATINUM PARTNERS



Thank you to our 2025-2026 GOLD PARTNERS



Thank you to our 2025-2026 SILVER PARTNERS



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